



Resident Physician of the Month Guidelines

Objective: To improve resident physician well-being by recognizing and rewarding outstanding resident physicians who make exceptional contributions in their academic field while still maintaining their work/life balance.

Eligibility: Any resident physician can be eligible to be nominated. Nominations can be submitted by fellow resident physicians, work colleagues, and anyone finding the recipient worthy of recognition. Nominations can be made by emailing (Max. 200 words) to rom@shawbiz.ca, explaining why the resident merits recognition. (PARA Executive and Board members are not eligible for this award.)

Nominees: The PARA Resident Physician of the Month nominee should be a resident physician who exemplifies a balanced lifestyle and well-being. She/he should be note worthy in one or many of the following areas: academic accomplishments, research activities, social events, family life, athletic pursuits, and or community involvement and humanitarian service. Feel free to include any particular event or patient/co-worker encounter that made this person stand out as exemplary. A brief biography would also be helpful (place of birth, academic/personal history etc).

Selection: When required, selection is through the PARA Nomination and Awards Committee.

Award: The Resident Physician of the Month will be awarded a prize preferably tailored to the individual valued at \$100.00 plus packaging postage etc. A letter of award will be sent to the Resident Physician recipient as well as their Program Director. ROM will be selected at the end of each month, for that month.

NOMINATE someone you know for the Resident Physician of the Month Award: A nomination form can be found below or at <http://www.para-ab.ca/news/news-and-events/awards>



Resident Physician of the Month **Nomination Form**

Please send to: rom@shawbiz.ca

Name of Resident/Staff submitting application (include work location):

Name:

Hospital Site:

Relationship with Nominee:

Name of Resident Physician being nominated, residency program, and year of training:

Name:

Program:

Postgraduate Year:

Please describe below the reasons you are nominating this resident, including any academic or extra-curricular activities you see as pertinent to the resident physician nominee who exemplifies a balanced lifestyle and well being (Max. 200 words).